



## LEVEL 1

### Certified Hypnotherapist (CHt)

\$225 for 2 years

Benefits & Ongoing Support	Requirements
<ul style="list-style-type: none"><li>• Certificate</li><li>• Biannual Journal</li><li>• Use of IBH logo</li><li>• Free monthly teleconference with CEU's</li><li>• Continuing education opportunities at discounted rate (i.e., symposiums, special topic seminars and clinics)</li></ul>	<ul style="list-style-type: none"><li>• Minimum training: <b>200 hours</b> from a state licensed hypnotherapy school that meets the academic requirements of the IBH</li><li>• Photocopy documentation of your diploma including hypnotherapy training hours</li><li>• Minimum of 30 continuing education hours every 2 years for recertification</li><li>• Provide proof of professional liability insurance annually</li><li>• Provide a photo copy of your state issued driver's license</li><li>• Pass hypnotherapist written examination</li><li>• Adhere to IBH Code of Ethics</li></ul>

## LEVEL 2

### Certified Clinical Hypnotherapist (CCHt)

\$225 for 2 years

Benefits & Ongoing Support	Requirements
<ul style="list-style-type: none"><li>• Certificate</li><li>• Biannual Journal</li><li>• Use of IBH logo</li><li>• Free monthly teleconference with CEU's</li><li>• Continuing education opportunities at discounted rate (i.e., symposiums, special topic seminars and clinics)</li><li>• Discount on membership to the National Institute of Alternative Health Care</li></ul>	<ul style="list-style-type: none"><li>• Minimum training: <b>300 hours</b> from a state licensed hypnotherapy school that meets the academic requirement of the IBH (At least 100 hours specific to hypnosis for accelerated healing and pain control)</li><li>• Photocopy documentation of your diploma including hypnotherapy training hours</li><li>• Minimum of 30 hours continuing education every 2 years for recertification</li><li>• Provide proof of professional liability insurance annually</li><li>• Provide a photo copy of your state issued driver's license</li><li>• Pass clinical hypnotherapist written examination</li><li>• Adhere to IBH Code of Ethics</li></ul>

## LEVEL 3

### Certified Medical Support Clinical Hypnotherapist (CMS-CHt)

#### Fellow, International Board of Hypnotherapy

\$275 for 2 years

Benefits & Ongoing Support	Requirements
<ul style="list-style-type: none"><li>• Certificate</li><li>• Biannual Journal</li><li>• Use of IBH logo</li><li>• Free monthly teleconference with CEUs</li><li>• Continuing education opportunities at discounted rate (i.e., symposiums, special topic seminars and clinics)</li><li>• Discount on membership to the National Institute of Alternative Health Care</li><li>• Listing on IBH website with your contact information and link to your website</li><li>• Physician consultation for your local mental health and general health providers (i.e., Dr. Sapien will discuss with your local providers the utility of hypnotherapy and your presence as a local resource)</li><li>• Receive the IBH PowerPoint presentation for local use to promote your practice (can be shown as a slide show with prepared handouts)</li><li>• On-site training conducted by Tim Simmerman Sierra and Robert Sapien for your local health community to promote your practice (budget to be discussed)</li></ul>	<ul style="list-style-type: none"><li>• Minimum training: <b>400 hours</b> from a state licensed hypnotherapy school that meets the academic requirements of the IBH (100 hours exclusively in Medical Support Hypnotherapy – including anatomy, physiology, hypnotherapy methods for accelerated healing, pain control, surgical preparation, post-procedural recovery and childbirth)</li><li>• <b>OR</b> have 300 hours of hypnotherapy training and attended the 100 hour Medical Support Accelerated Healing and Pain Control module at Hypnotherapy Academy of America</li><li>• Photocopy documentation of your diploma including hypnotherapy training hours</li><li>• Pass Medical Support Hypnotherapist written examination</li><li>• Submit a video of yourself conducting a hypnotherapy session for either accelerated healing, surgery preparation post procedural recovery, or pain control</li><li>• Written script of either accelerated healing or pain control on a different issue than the video</li><li>• Provide proof of professional liability insurance annually</li><li>• Provide a photo copy of your state issued driver's license</li><li>• Minimum of 30 hours continuing education every 2 years for recertification (10 of which must be health related)</li><li>• Adhere to IBH Code of Ethics and Scope of Practice guidelines</li></ul>

## INACTIVE MEMBER

This level is for Hypnotherapists who are not currently in practice (for more than a 12 month period) as a hypnotherapist, but wish to be a member of the IBH, and keep up with new information in the field. This status can be upgraded at any time by fulfilling the requirements of the level at which you wish to be certified.

### Hypnotherapist (Ht)

\$225 for 2 years

Benefits & Ongoing Support	Requirements
<ul style="list-style-type: none"><li>• Certificate</li><li>• Biannual Journal</li><li>• Free monthly teleconference with CEU's</li><li>• Continuing education opportunities at discounted rate (i.e., symposiums, special topic seminars and clinics)</li></ul>	<ul style="list-style-type: none"><li>• Minimum training: <b>200 hours</b> from a state licensed hypnotherapy school that meets the academic requirements of the IBH</li><li>• Photocopy documentation of your diploma including hypnotherapy training hours</li><li>• Minimum of 30 continuing education hours every 2 years for recertification</li><li>• Provide a photo copy of your state issued driver's license</li><li>• Pass hypnotherapist written examination</li><li>• Adhere to IBH Code of Ethics</li></ul>



## **APPLICATION**

**Please Print Clearly**

Name\_\_\_\_\_ Date\_\_\_\_\_

\_\_\_\_\_  
Name as you want it on your certificate

Address\_\_\_\_\_ Suite #\_\_\_\_\_

City\_\_\_\_\_ State/Province\_\_\_\_\_

Zip Code\_\_\_\_\_ Country\_\_\_\_\_

Email\_\_\_\_\_ Web address\_\_\_\_\_

Telephone(\_\_\_\_\_)\_\_\_\_\_ Fax(\_\_\_\_\_)\_\_\_\_\_

**Please check the level you are applying for.**

**Level 1 - Certified Hypnotherapist -**

200 or more hours of Hypnotherapist training (Has less than 100 hours special training in Accelerated Healing & Pain Control)

**Level 2 - Certified Clinical Hypnotherapist**

300 or more hours of Clinical Hypnotherapist training (including 100 hours specialized training in Accelerated Healing & Pain Control)

**Level 3 - Certified Medical Support Clinical Hypnotherapist, IBH Fellowship**

400 or more hours of Clinical Hypnotherapist training (including 100 hours specialized training in Accelerated Healing & Pain Control)

**INACTIVE MEMBER**

For Hypnotherapists who are not currently in practice (for more than a 12 month period) as a hypnotherapist, but wish to be a member of the IBH, and keep up with new information in the field.

Please see requirements for each level.

Please note: You must submit the complete application package. Partial packages cannot be processed.

### **Hypnotherapy Education**

Name of hypnotherapy school you attended

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Name of hypnotherapy instructor(s)\_\_\_\_\_

Number of actual in the classroom hours of training\_\_\_\_\_

Beginning and ending date of your attendance\_\_\_\_\_

Please list any other Hypnotherapy Training(s) and name of Institution(s)

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### **Related Academic & Vocational Education**

Please list topics/modalities/specialties and name of Institution(s) and dates attended

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### **Other Education**

Name of Institution(s)\_\_\_\_\_

Dates attended\_\_\_\_\_

Degree(s) awarded\_\_\_\_\_

**Information for IBH Website for  
Level 3: Certified Medical Support Clinical Hypnotherapist  
“Fellows”  
Only**

Please Print Clearly

Name \_\_\_\_\_

Business name \_\_\_\_\_

City & State \_\_\_\_\_

(if you are in a suburb, also indicate what larger metropolitan area you are near)

Business Phone \_\_\_\_\_ Email \_\_\_\_\_

Your website \_\_\_\_\_

**Email a professional headshot photo that is consistent with the style found on the IBH website**  
**“Locate a Medical Hypnotherapist” page to: [office@hypnotherapyacademy.com](mailto:office@hypnotherapyacademy.com)**  
(This is not required, but highly recommended.)

## Your Checklist

### Level 1 - Certified Hypnotherapist -

- 1. Minimum training: 200 hours from a state licensed hypnotherapy school that meets the academic requirements of the IBH (Has less than 100 hours of specialized training in Accelerated Healing and Pain Control.)
- 2. Photocopy documentation of your diploma including hypnotherapy training hours
- 3. Provide proof of professional liability insurance annually  
(www.americanprofessional.com or 800-421-6694)
- 4. Provide a photocopy of your state issued driver's license
- 5. Complete IBH Application & sign and return IBH Code of Ethics signature page
- 6. Complete written examination for hypnotherapists
- 7. Include check or arrange cc for membership fee \$225

**Make check payable to International Board of Hypnotherapy**

**OR**

**Credit Card Authorization**

**Amount of payment** \_\_\_\_\_

**Method of payment:**

**Please circle   American Express   MasterCard   Visa   Discover**

**Credit Card #** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_ **security code/back of card** \_\_\_\_\_

**Print your name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



## Your Checklist

### Level 2 - Certified Clinical Hypnotherapist

- 1. Minimum training: 300 hours from a state licensed hypnotherapy school that meets the academic requirement of the IBH (At least 100 hours specific to hypnosis for accelerated healing and pain control)
- 2. Photocopy documentation of your diploma including hypnotherapy training hours
- 3. Provide proof of professional liability insurance annually (www.americanprofessional.com or 800-421-6694)
- 4. Provide a photocopy of your state issued driver's license
- 5. Complete IBH Application & sign and return IBH Code of Ethics signature page
- 6. Complete written examination for clinical hypnotherapists
- 7. Include check or arrange cc for membership fee \$225

**Make check payable to International Board of Hypnotherapy**

**OR**

#### **Credit Card Authorization**

**Amount of payment** \_\_\_\_\_

**Method of payment:**

**Please circle**    **American Express**    **MasterCard**    **Visa**    **Discover**

**Credit Card #** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_ **security code/back of card** \_\_\_\_\_

**Print your name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## Your Checklist

### Level 3 - Certified Medical Support Clinical Hypnotherapist, IBH Fellowship

1. Minimum training: 400 hours from a state licensed hypnotherapy school that meets the academic requirements of the IBH (100 hours exclusively in Medical Support Hypnotherapy – including anatomy, physiology, hypnotherapy methods childbirth)  
**OR** have 300 hours of hypnotherapy training and attended the 100 hour Medical Support Accelerated Healing and Pain Control module at Hypnotherapy Academy of America
2. Photocopy documentation of your diploma including hypnotherapy training hours
3. Complete the written examination for Medical Support Hypnotherapist
4. Submit a DVD of yourself conducting a hypnotherapy session for either accelerated healing, surgery preparation, post procedural recovery, or pain control
5. Written script for either accelerated healing, pain control, surgery preparation or post procedural recovery
6. Provide proof of professional liability insurance annually  
(www.americanprofessional.com or 800-421-6694)
7. Provide a photocopy of your state issued driver's license
8. Complete IBH Application & sign and return IBH Code of Ethics signature page
9. Email a professional digital photo of yourself to office@hypnotherapyacademy.com  
(recommended- optional)
10. Include check or arrange cc for fellowship fee \$275

### Make check payable to International Board of Hypnotherapy

**OR**

### Credit Card Authorization

**Amount of payment** \_\_\_\_\_

### Method of payment:

**Please circle**    **American Express**    **MasterCard**    **Visa**    **Discover**

**Credit Card #** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_ **security code/back of card** \_\_\_\_\_

**Print your name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## Your Checklist

### Inactive Member

This level is for Hypnotherapists who are not currently in practice (for more than a 12 month period) as a hypnotherapist, but wish to be a member of the IBH, and keep up with new information in the field. This status can be upgraded at any time by fulfilling the requirements of the level at which you wish to be certified.

### Hypnotherapist (Ht)

- 1. Minimum training: 200 hours from a state licensed hypnotherapy school that meets the academic requirements of the IBH
- 2. Photocopy documentation of your diploma including hypnotherapy training hours
- 3. Provide a photocopy of your state issued driver's license
- 4. Complete IBH Application & sign and return IBH Code of Ethics signature page
- 5. Complete written examination for hypnotherapists
- 6. Include check or arrange cc for membership fee \$225

**Make check payable to International Board of Hypnotherapy**

**OR**

### Credit Card Authorization

**Amount of payment** \_\_\_\_\_

**Method of payment:**

**Please circle   American Express   MasterCard   Visa   Discover**

**Credit Card #** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_ **security code/back of card** \_\_\_\_\_

**Print your name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



Have you ever been convicted of a felony or morals charge?                      Yes                      No

If yes, please explain, including dates, location, etc. \_\_\_\_\_

Have you ever had a membership or license revoked by a professional health and /or human services board?                      Yes                      No                      If yes, please describe below.

\_\_\_\_\_

I understand that this application for registration will be accepted only on the condition that I meet the qualifications set by the International Board of Hypnotherapy (IBH), and that the application fee is not refundable.

All the information given in this application is correct and true to the best of my knowledge. I understand that any false information given will be grounds for denial of this application.

I agree to hold the IBH free and harmless for denial of registration, should it occur, or for any future suspension or revocation of my certification. By signing this I understand that my IBH certificate is the property of the IBH, and it may be revoked.

My signature indicates that I agree to the IBH terms.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Please mail or fax this application because we need an original signature. Partial application packages will not be processed..



### **Preamble:**

Hypnotherapists help people use their own inner resources to improve the quality of their lives. Hypnotherapists are committed to the service of life, which includes health and wellbeing—the actualization of human potential. Hypnotherapists, therefore, take on the role of practitioner of hypnotherapy, life skills and achievement coach and educator.

The International Board of Hypnotherapy bases its Code of Ethics on the fundamental principles of the Clinical Hypnotherapy profession, which embraces the uniqueness, worth, dignity and equal rights of all human beings.

The International Board of Hypnotherapy requires all of its members to conduct their profession according to the following ethical principles.

### **The Member's Ethical Responsibility To Clients**

1. The member's main responsibility is the client's safety and welfare. They are to respect the client's mental and physical well-being at all times.
2. The members are not to practice any form of discrimination on the basis of race, ethnic culture, age, sexual orientation, gender, marital status, religion, national origin, political belief, physical handicap, or any other characteristic or personal condition.
3. The members are to uphold a professional relationship with clients, and not engage in physical abuse, hugging or touching in an erotic way or any other sexual activities.
4. The members are to seek advice of colleagues, mentors and supervisors whenever the consultation is in the best interest of clients.
5. In compliance with HIPAA regulations, the members are to respect the privacy of clients and hold in confidence information acquired during the course of professional service. Also, members are to inform clients fully about the limits of confidentiality. The limits on confidentiality are provided to the client in writing prior to entering into a client-therapist relationship.
6. The members are to obtain consent of clients before audio or video recording or permitting others to be present during their sessions or activities.

7. The members are to practice hypnotherapy services in accordance with the level of their training, competency and respecting the laws of their state.
8. Members are to inform clients of what to expect during sessions, so that they can make an informed decision as to whether they consent to participate.
9. Members are to work with only those clients that fall within their scope of practice.
10. Members are not to have any intimate social contact with a client for at least two years after their last session with the client.
11. Continuing education keeps practitioners informed of the latest developments in the field of hypnotherapy and reduces unethical behavior. Fifteen hours of continuing education is required annually.
12. Members fully disclose their educational qualifications and professional credentials and certifications to their clients in writing on their client intake forms.

### **Fees**

1. The members are to set their fees in a fair and reasonable manner.
2. The members are not to give any kind of economic compensation for receiving or making a referral, i.e., “finders fees” or cash “kickbacks” (including multilevel marketing type of compensation) for clients or seminar attendees.
3. Prior to conducting sessions members disclose their fees, what type of methods will be used and what the client can generally expect to experience with the methods described.
4. Member are to provide clients and seminar attendees with their refund policy in writing.

### **The Members’ Ethical Responsibility To Colleagues**

1. Whenever dealing with unusual or difficult cases, ethical conduct concerns or other dilemmas related to their practice, members are to seek the advice of other Board members.
2. The members are to treat colleagues with respect and professional decorum.
3. The members are to respect confidences shared by colleagues in the process of their professional relationships.
4. The members are not to exploit a dispute between a colleague and employer to obtain a position in a company.

5. The members are to seek the mediation of a superior or administrator when conflicts with colleagues arise, to reach appropriate and equitable solutions.
6. The members are to relate to clients of colleagues in a professional manner.
7. The members are not to solicit the clients of colleagues.

### **The Members' Ethical Responsibility to the Hypnotherapy Profession**

1. The members are to maintain high ethical standards of behavior to protect their profession.
2. The members are to take actions to correct all unprofessional and unethical practices.
3. The members are to always be honest about the origin of their professional degrees, education, certifications or other qualifications.
4. The members are to advertise their professional services with honesty and good faith. They are to insure that all their marketing and promotional materials are truthful and realistic.
5. Members are committed to their own personal growth and actively pursue self-actualization.
6. The members agree to conduct their practices and all professional relationships in accordance with the International Board of Hypnotherapy Code of Ethics.

### **Claim of Unethical Behavior**

1. After the Board has received a written complaint, an ethics committee will be formed to review the complaint. If there is reasonable merit to the written complaint, the ethics committee will form a quorum to receive testimony from all involved parties. After doing so, the ethics committee will submit its recommendations to the Board.

Please detach this page, sign and return to:

**International Board of Hypnotherapy**

509 Camino de los Marquez, Ste 1

Santa Fe, NM 87505

I have read and agree to abide by the International Board of Hypnotherapy Code of Ethics

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Print Name

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Signature

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Date